

December 2016-February 2017

# Strive

to warm up this season with a new activity or fitness class.

CELEBRATING OUR

10  
YEAR ANNIVERSARY

Activities, Programs and Events brought to you  
by the Greece Community Center and Parks Division.



3 Vince Tofany Blvd. Greece, NY 14612 • 723-2425 • [www.greeceny.gov](http://www.greeceny.gov)



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William Reilich, Town Supervisor



I hope this letter finds you enjoying the change of seasons in our town of Greece. As we gear up for the winter weather, our team looks forward to keeping you active and cheerful with a wide variety of offerings from our Community Center.

Always looking to keep things fresh, our team has developed new programs to complement our successful activities that you enjoy with your free membership. Don't forget to join us for the Tree Lighting and Christmas Party in December. In addition, I encourage you to take a spin around the ice rink and check out the new foam dart league forming in January.

In addition, I am excited to announce that our 'game room' at the Community Center has been resurrected with new table games and improved favorites you've come to enjoy.

As always, thank you for your support of the Greece Community and Senior Center.

Enjoy the season.

William Reilich

Supervisor  
Town of Greece

Michelle Marini, Deputy Supervisor

Greece Town Board Members

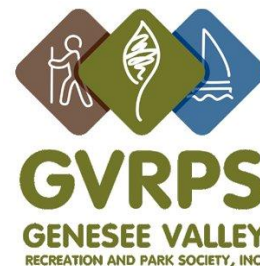
Michael Barry, Jr. 1<sup>st</sup> Ward Councilman

Brett Granville 2<sup>nd</sup> Ward Councilman

Andrew Conlon 3<sup>rd</sup> Ward Councilman

Diana M. Christodaro 4<sup>th</sup> Ward Councilwoman

## We Are Proud Members Of



*Learn more 'About Us' on Page 19*

# Department Information

## Greece Community and Senior Center

3 Vince Tofany Blvd, Greece, NY 14612

(585) 723-2425

Email: [greeceparksandrec@greecenyny.gov](mailto:greeceparksandrec@greecenyny.gov)

Website: [www.greecenyny.gov](http://www.greecenyny.gov)

## Hours of Operation

Monday-Thursday: 8am-8pm

Friday: 8am-5pm

Saturday: 8am-1pm

Sunday: Closed

## It's Easy to Join

- Simply visit our friendly team at 3 Vince Tofany Boulevard in Greece
- Bring proper photo identification which shows proof of residency (driver's license, mail, etc).
- We will sign you up, take your picture and your I.D. card or key tag will be printed on site.

## To Register for Programs

Visit our location or Register Online:

[www.greecenyny.gov/departments/cscparcs](http://www.greecenyny.gov/departments/cscparcs)

and click 'Online Activity Registrations'

## Membership Fees

Greece Residents: Free

Non-Residents:

Single Non-Resident 60 & Under: \$50

Single Non-Resident 61 & Older: \$35

Family of 2 or more Adults plus

at least 1 Child verified to live in the household: \$145

One Time Non-Resident Visit:

\$5 per person, per visit

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# New at the Center!

We are pleased to announce the opening of our new game room! If you are looking for fun activities like pool, air hockey or foosball, then our brand new game room is where you want to be!

### Game Room Hours

Monday-Thursday 8:00am-7:45pm

Friday 8:00am-4:45pm

Saturday 8:00am-12:45pm

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Pick up the equipment at the front desk. Please have your membership card on hand.



## Open Play

**Mondays: 10:30am-12:30pm**

Ages 2-6

A gym filled with toys, mats, tunnels, blocks and other play equipment; a wonderful opportunity to let your toddler run loose and interact with other children.

**Member: Free**

## "Kids Create" Craft Club

**Mondays-Fridays: 11am-1pm**

**(No Program 1/2, 1/16, 2/14, 2/20-2/24)**

Ages 2 & Up

This program is designed for your child to use their imagination and create a simple craft project in a fun environment. All supplies provided.

**Member: Free**

## Munchkin Mats

**Mondays: 6:15-7:15pm**

**Wednesdays: 7-7:45pm**

Ages 1-3

Let your little munchkin get rid of all that energy before bedtime as they run and play on mats.

**Member: Free**

## Kids Club

**Thursdays: 11am-12pm**

December 1-January 26 (No Program 12/29)

Ages 2-6

Designed to stimulate all of your little ones five senses, this program will provide your child with fun activities in areas of art, music, dance and other forms of social, recreational and educational activities.

**December 1: Despicable Me Party**

**December 8: Army Party**

**December 15: Reindeer Party**

**December 22: Teenage Mutant Ninja**

**Turtles Christmas Party**

**January 5: Party in the USA**

**January 12: Alien Party**

**January 19: Spa & Relaxation Day Party**

**January 26: Animal Planet**

(Bring your stuffed animals and wear your animal apparel!)

**Member: 1 Credit**

## Open Mats

**Tuesdays: 10am-12pm**

**Thursdays: 9-11am**

All Ages

Bring your little ones to run, roll and play on our mats, but don't forget to head to the craft room for "kids create" craft club to make the daily craft.

**Member: Free**

## Wheels in Motion

**Thursdays & Fridays: 10-10:50am**

Ages 2-6

This program is designed for children to come together and enjoy riding various big wheels, tricycles and cozy coupes in a safe and fun environment.

\*A helmet is required at all times

**Member: Free**

## Sports Variations

**Tuesdays: 7-7:50pm Starting 12/13**

Ages 7-13

Each week kids can come in and play a different sport with and against their peers.

**Member: Free**

## CSC/PE

**Wednesdays: 10-10:50am**

Ages 7-12

The CSC/PE class will utilize sports and leisure activities to promote a healthy lifestyle and understanding of health and wellness with an emphasis on small and large group games.

**Member: 1 Credit**

## Family Movie & Craft Night

**Thursdays: 6-8pm**

**December 15: Curious George 3**

**January 19: The Princess and the Frog**

**February 16: Rango**

Join us for a movie, craft and snacks!

**Member: Free**

## Open Gym

**Mondays: 3-5pm**

**Tuesdays/Thursdays: 3:30-5pm**

**Wednesdays: 3-5:15pm**

Ages 14-17 Monday/Wednesday

Ages 10-13 Tuesday/Thursday

Shoot some hoops and play basketball during our open gym time.

**Member: Free**

## Open Sports Variations

**Fridays: 2:30-4:30pm**

Ages 12-18

This is an "open gym" program where youth can come in and play a different sport each week.

**Week 1:** Floor Hockey

**Week 2:** Soccer

**Week 3:** Table Tennis

**Week 4:** Pickleball

**Week 5:** Basketball

**Week 6:** Dodgeball

**Week 7:** Handball

**Week 8:** Kickball

\*Participants must wear sneakers in the gym.

**Member: Free**

## New! Triple Threat Basketball

**Saturdays, October 29-January 7**

**9:15-10:15am or 10:30-11:30am**

Ages 5-8

An introductory basketball program that emphasizes the fundamentals of sportsmanship and age appropriate skill development.

**Member: \$35**

## New! Triple Threat Basketball- Winter Session

**Saturdays, January 14-March 4**

**9:15-10:15am**

Ages 5-8

An introductory basketball program that emphasizes the fundamentals of sportsmanship and age appropriate skill development.

**Member: \$35**

## New! Rochester Foam Dart League

**Wednesdays, January 11-March 1**

**5:30-7:45pm**

Ages 5-Adult

This family friendly league gets players moving as they shoot Nerf blasters. Each league session encourages play and movement but most of all fun! Come check it out and join in on this exciting new league at the Center!

**Member: \$10 per week**

## New! Snowga for Kids

**Thursdays, February 2-March 30**

**(No Program 2/23 & 3/16)**

**11am-12:00pm**

Ages 2 & Up

Warm up this winter with a sequence of calming meditation exercise and yoga poses outdoors. Kids will design a craft prior to the exercise and then all participants will work on balance, strength, flexibility, and more in the snow.

Parents are encouraged to participate with their children, please wear appropriate attire for outdoor activities.

**Member: \$7 per child for 7 sessions**

## New! Drama Rama Kids

**Mondays, February 6-March 20**

**(No Program 2/20)**

**6:15-7:30pm**

**For Youth in Grades K-6**

The Drama Rama Kids program is designed to help children become more expressive and feel comfortable play acting with character puppets they create and design. Join in on this fun and watch your puppet creations "come alive!"

**Member: \$6 per child for 6 sessions**

## New! Infant Massage Class

**Monday, January 23, 11am-12:00pm**

**Wednesday, February 22, 6-7pm**

**For Parents and Children 4 & Under**

Nichole Hudson will be providing a seminar on the benefits of infant massage. You will have the opportunity to learn different massage techniques to reduce or eliminate pain and certain conditions. You will also learn how massage can help with digestion and sleep patterns.

\*Please bring a blanket or mat for class

**Member: Free**

**(Please pre-register at the front desk as spots are limited)**

# December Break Activities



## DECEMBER 27-30

### Wednesday December 28

#### Tuesday December 27

Open Mats  
10-11am

Wheels in Motion  
11am-12:30pm

Winter Craft  
11am-1pm

Tag Games  
1-2pm

Open Shoot Around  
1-2pm

Family Zumba  
6-6:50pm

Family Shoot Around  
7-7:45pm

Winter Craft  
9-11am

Family Kickball  
10-10:45am

Family Volleyball  
11am-1pm

Evening Winter Craft  
5-7pm

Family Foam Dart Games  
6-7:30pm  
\$10.00 per person

#### Thursday December 29

Open Mats  
9-9:45am

"All Sorts of Sports"  
10-11:30am

Family Movie & Craft  
12:30-2pm

Open Shoot Around  
2-3:30pm

#### Friday December 30

Winter Craft  
9-11am

Wheels in Motion  
10-11am

New Years Pizza Party  
11am-1pm  
\$1.00 per person  
Pre-Registration Required

Open Gym Ages 10-13  
11:30am-1pm

Open Gym Ages 14-17  
1:30-3pm

**Please Note: All activities  
are free to members unless  
otherwise noted.**

# December Break Activities

## SPECIAL EVENTS

Tuesday • 6-6:50pm



Wednesday • 6-7:30pm

**Family  
Foam  
Dart  
Game  
Night**



\$10.00 per person

Thursday • 12:30-2pm



### Field Trips

#### **Laserquest**

Wednesday, December 28<sup>th</sup>

9:45am-1:45pm

For Ages 7-15

This trip will include 3 games of tag and activities in between games. You will need to bring your own money for arcade games. Pizza and water will be provided at no additional cost.

**Member: \$15.00**

#### **Wonderworks**

Thursday, December 29<sup>th</sup>

9am-4pm

For Ages 7-15

Experience a day of natural disasters, physical challenges, space discovery, and much more. Each person will also have the opportunity to play a game of laser tag. Please bring a bagged lunch.

**Member: \$15.00**

### **New Year's Pizza Party**

**Friday, December 30 • 11am-1pm**

**\$1.00 per person**

**Pre-Registration Required**

# February Break



## Activities

### February 21-24

#### Tuesday February 21

Open Mats  
9-10:30am

Roller Skating & Pizza Party  
11am-1:30pm

Craft  
11:00am-1:00pm

Community Pickleball  
1:30-3:30pm

Open Basketball  
Ages 7-12 & 13-17  
4-5:30pm

Zumba for All  
6-6:50pm

Movie & Craft Night  
6-7:30pm

Family Shoot Around  
7-7:50pm

#### Wednesday February 22

Rock Adventures Field Trip  
9:30am-12pm

Wheels in Motion  
10-10:50am

Craft  
11am-1pm

Family Shoot Around  
11am-12pm

Wii & Board Games  
12:30-1:30pm

Tag Games  
12:30-1:30pm

Open Play  
1:45-2:45pm

Open Gym  
Ages 14-17 & 14 & Under  
3-5:15pm

Ninja Night II  
5-7pm  
\$2.00 per child

Inflatables, Photo Booth & Snacks  
6:30-7:30pm

#### Thursday February 23

Open Mats 2 & Under  
9-10am

Wheels in Motion  
10-10:50am

Family Bingo & Pizza  
11am-1pm  
\$1.00 per person  
Pre-Registration Required

Winter Dance  
6-7:30pm  
\$2.00 per person  
Pre-Registration Required

#### Friday February 24

Wheels in Motion  
8:30-9:30am

Pancakes with Pooches  
9:30-11am  
\$2.00 per person  
Pre-Registration Required

Open Play  
9:30-11am

Family Table Tennis  
12-3pm

Family Shoot Around  
2:30-4:30pm

**Please Note: All activities are  
free unless otherwise noted.**



# February Break Activities

## Special Events

### Roller Skating & Pizza Party

Tuesday, February 21 ▪ 11am-1:30pm

\$6.00 per person

(Includes pizza and skate rental)



\*Pizza Served 12:45-1:30pm\*

**Pre-Registration Required**

### Field Trip: Rock Ventures

Wednesday, February 22 ▪ 9:30am-12pm



\$15.00 per person

For Ages 7-12

\*Please bring a bagged lunch\*

**Pre-Registration Required**

### Family Bingo & Pizza

Thursday, February 23 ▪ 11am-1pm



\$1.00 per person

**Pre-Registration Required**

### Winter Dance

Thursday, February 23 ▪ 6-7:30pm

\$2.00 per person

Enjoy an evening of craft-making, dancing with  
DJ Rockin' Rick and Refreshments

\*Pizza Served 6:00-6:30pm\*

**Pre-Registration Required**

### Ninja Night II

Wednesday, February 22  
5-7pm

Come out for a night of games,  
inflatables, crafts and snacks!

\$2.00 per child

**Pre-Registration Required**



### Pancakes with Pooches

Friday, February 24 ▪ 9:30-11am

Bring your favorite stuffed pooch and  
enjoy a breakfast of pancakes!



\$2.00 per person

**Pre-Registration Required**

## **Core Fitness**

**Mondays/Fridays: 8:15-8:45am**

Ages 18 & Up

This class utilizes all core muscles while focusing on a particular group each class to help increase strength, flexibility and overall balance. This class uses weights, weight bars, floor mats and balance discs to increase the class intensity.

**Member: 1 Credit**

## **Gentle Stretch & Strength**

**Mondays/Wednesdays/Fridays: 1-1:50pm**

Ages 18 & Up

This class provides gentle exercises to help increase flexibility, range of motion and strength. The goal of this class is to reduce pain and stiffness, restore and maintain joint range of motion, increase muscle strength, and improve balance and coordination

**Member: 1 Credit**

## **Low Impact Aerobics**

**Mondays: 9-9:50am**

Ages 18 & Up

An energetic, effective low impact and varied intensity aerobic class that will help participants increase stamina, endurance, and keep your body moving and heart pumping.

**Member: 1 Credit**

## **Cardio Fusion**

**Tuesdays: 9-9:50am**

**Thursdays: 6-6:50pm**

Ages 18 & Up

A workout composed of various cardio exercises using weights. This program will incorporate muscle groups from both the upper and lower body to increase your stamina, endurance, flexibility and overall body strength.

**Member: 1 Credit**

## **Tai Chi & QiGong**

**Tuesdays: 9-9:50am**

Ages 18 & Up

This class includes standing exercises which add strength and stamina through gentle stretching and flowing movements following the traditional Chinese Yang-24 short form.

**Member: 1 Credit**

## **Zumba**

**Tuesdays: 6-6:50pm**

**Saturdays: 8-8:50am**

Ages 18 & Up

An aerobic fitness class featuring movements inspired by various styles of Latin American dance music

**Member: 1 Credit**

## **Strength & Conditioning**

**Tuesdays: 10-10:50am**

**Fridays: 9-9:50am**

Ages 18 & Up

This class includes warm-up, stretching and various styles of weight training. Training types to include: low weight, high reps for stamina and high weight, low reps for strength, along with resistance training.

**Member: 1 Credit**

## **3 in 1 Fitness**

**Wednesdays: 6-6:50pm**

Ages 18 & Up

This class focuses on three aspects of fitness: aerobic with cardio work, aerobic with weight work, and flexibility and breathing. This class also includes techniques from Yoga and stretching.

**Member: 1 Credit**

## **Zumba Gold**

**Thursdays: 9-9:50am**

Ages 18 & Up

This class takes the Zumba workout and makes it accessible for seniors, beginners or others needing modifications in their exercise routine.

**Member: 1 Credit**

## **New! Self-Body Weight Fitness**

**Wednesdays: 8:15-8:45am Starting December 7**

**Ages 18 & Up**

This class will utilize a floor mat and gravity to increase body strength, flexibility and endurance. We will focus on total body conditioning and will target specific areas of the body each class.

**Member: 1 Credit**

## **Pi/Yo**

**Wednesdays: 8:30-9:40am Ends November 30**

**Ages 18 & Up**

Pi/Yo is a full-body workout that helps build strength, endurance, and flexibility through a blend of yoga and pilates. You will burn calories, tone muscles and work on balance while getting a great stretch. The first half of class will consist of 30 minutes of pilates with the second half of class consisting of 40 minutes of yoga.

**Member: 1 Credit**

## **Hatha Yoga**

**Tuesdays: 7-7:50pm**

**Wednesdays: 9-9:50am Starting December 7**

**Ages 18 & Up**

This class incorporates a full body workout that includes a warm-up, a total body stretch, yoga postures, and a cool down. The focus of this class will be on core strength and stability.

**Member: 1 Credit**

## **Saturday Morning Fitness**

**Saturdays: 8-8:50am**

**November 12-January 2 (Total Body Circuit)**

**January 28-March 18 (Zumba)**

**Ages 18 & Up**

This class offers a great high intensity workout using different stations. During this class, stations may include those for strength, balance, coordination, flexibility, and endurance to give you that total body workout in a short period of time.

**Member: 1 Credit**

# **Class Credits Information**

**Get your weekend started  
right with a CSC Fitness  
Class!**

Some classes and programs require credits that can be purchased at the front desk:

Our fitness classes are drop-ins and can be joined at any time with no previous experience necessary.

For any questions regarding fitness classes or programs, see a knowledgeable recreation team member.

## **Class Credits**

Greece Resident Members

16 Credits for \$15

33 Credits for \$30

50 Credits for \$45

Non-Greece Resident Members

16 Credits for \$20

33 Credits for \$40

50 Credits for \$60

**It is recommended that you consult with  
your physician before starting any new  
fitness class.**

## Advanced Pickleball

**Tuesdays: 12:30-3pm**

Enjoy an advanced level of play and continue working on your pickleball skills all while having fun.

\*2 courts will be designated for advanced play.

1 court will be designated for

beginner/intermediate play.

All equipment is provided.

**Member: Free**

## Beginner/ Intermediate Pickleball

**Thursdays: 12:30-3pm**

Continue to work on your technique and skill level with self-rated intermediate level players.

\*2 courts will be designated for beginner/intermediate play. 1 court will be designated for advanced play.

All equipment is provided.

**Member: Free**

## Community Pickleball

**Wednesdays: 5:30-7:45pm Ends 1/4**

**Saturdays: 11:45am-12:45pm**

**\*Starting January 14, Community Pickleball will be offered from 10:30am-12:45pm on Saturdays.**

All skill levels are invited to play the game of pickleball on our 3 indoor courts.

**Member: Free**

## Open Golf

**January 23-March 30**

**Mondays & Wednesdays: 8:30-11am**

**Thursdays: 5:30-7:30pm**

**Ages 18 & Up**

Improve your swing while getting ready for golf season with our indoor nets. Please bring your own clubs. Nets, mats, and balls provided.

**Member: Free**

## Open Shoot Around Basketball for Adults

**Wednesdays: 2pm-3pm**

**Ages 18 & Up**

Enjoy some time in our gym shooting hoops.

\*No pick-up games permitted during this program.

**Member: Free**

## Volleyball

**Mondays: 5:30-7:45pm**

**Ages 18 & Up**

Enjoy the traditional game of volleyball with our open volleyball game play. All equipment provided.

**Member: Free**

## Table Tennis

**Mondays: 10am-1pm**

**Wednesdays: 11:30am-1:45pm**

**Thursdays: 3:30-7:30pm**

**Fridays: 11:30am-2:30pm**

Take part in this competitive game between 2 or 4 players. All equipment provided.

**Member: Free**

## Line Dance Instruction

**Tuesdays: 11am-12pm**

If you love dancing, music, and good times with friends then this instructional program is for you! Learn the steps and techniques for you to be the line dancer you've always wanted to be.

**Member: 1 Credit**

## Open Line Dancing

**Wednesdays & Fridays: 11am-12pm**

Listen to your favorite tunes and dance amongst friends.

**Member: Free**



## Arts & Craft

### Quilting & Crafting

**Mondays: 9am-12pm**

Bring your own supplies and let your imagination do the rest! All materials must be brought in by participant.

**Member: Free**

### Open Sewing

**Tuesdays, December 6 & 20 9:30am-2:30pm**

**Tuesdays, January 3 & 17 9:30am-2:30pm**

**Tuesday, February 7 9:30am-2:30pm**

If you enjoy the craft of knitting and sewing, then this is the group for you. Bring your own supplies and create something new amongst friends.

**Member: Free**

### Art Club

**Wednesday: 1-3pm**

Bring your own supplies and art work and create amongst friends! All materials must be brought in by participant.

**Member: Free**

### Project Linus

**Wednesdays, January 4 and February 1 9-11:30am**

Combine your sewing skills with your desire to help others by helping make lap quilts and afghans that are donated to:

- Children's Hospitals
- Dialysis Units
- Cancer Centers
- Veterans Facilities

For more information please stop at the front desk or by calling 723-2425.

**Member: Free**



## Cards & Concentration

### Euchre

**Mondays/Wednesdays: 1-4pm**

**Tuesdays: 9-11:30am**

**Thursdays/Fridays: 8:30-11am & 1pm-4pm**

**Member: Free**

### Penny Poker

**Mondays/Thursdays: 12:30-3:30pm**

**Member: Free**

### Bridge

**Tuesdays/Thursdays: 12:30-4pm**

**Member: Free**

### Bridge Skills

**Fridays: 11:30am-2:30pm**

**Member: Free**

### Duplicate Bridge

**Mondays: 12:30-4pm**

**Members: Free**

### Pinochle

**Fridays: 9-11:30am**

**Member: Free**

### Mahjongg

**Fridays: 12-4pm**

Please bring your own card with you. Mahjongg is played with four players and is similar to the game of rummy.

### Scrabble

**Tuesdays: 10am-12pm**

**Member: Free**

### Bingo

**Mondays & Thursdays: 9:45-11:30am & 12:30-2:30pm**

**Member: \$.25 per board**

## Health Series

### Vestibular Conditions— Vertigo & Dizziness

**Wednesday, December 14: 12-1pm**

If vertigo has ever been a problem for you or general dizziness, take part in this seminar to receive more information about this health issue.

*\*Please pre-register for each session by stopping at the front desk or by calling 723-2425.*

**Member: Free**

### Exercise Parameters

**Wednesday, January 25: 12-1pm**

If you're looking to step up your training or a place to start, join us for this seminar which will discuss:

- Important concepts of exercise
- How to approach fitness depending on your activity level or sport
- Q&A period

*\*Please pre-register for this program by stopping at the front desk or by calling 723-2425.*

**Member: Free**

### "The Incredible Doctor You"

**Tuesday, January 17: 12-1pm**

This presentation will discuss how you can improve the body's natural ability to heal. Some topics that will be covered:

- What is health?
- Steps to improve your current state of health
- Q & A period

Computerized autonomic nervous system screenings will also be provided during this time.

*\*Please pre-register for this program by stopping at the front desk or by calling 723-2425.*

**Member: Free**

### Getting Ready for Golf

**Wednesday, February 22: 12-1pm**

Golf season will be here sooner than you think, join us for this seminar to learn how you can enjoy a long, injury free golf season. This seminar is for any level of play.

*\*Please pre-register for this program by stopping at the front desk or by calling 723-2425.*

**Member: Free**

## Living Well Series

### Seniors Living Well—From Independent Living to Higher Level Care

**Monday, February 27: 10-11:30am**

This informational talk for seniors will discuss some of the following:

- Higher levels of Senior Care
- Core Differences of Care
- Tips to Selling Your Home when it's Time to Move
- Finding Ways to Pay for Long Term Care
- Making a Will

*\*Please pre-register for this program by stopping at the front desk or by calling 723-2425.*

**Member: Free**

## Friends and Fun

### FNF Social Program

**Thursdays: 6-7:30pm**

The Friends and Fun Social Program is for youth and adults with special needs, 14 years of age and older. This program is designed to provide participants with an opportunity to be independent, experience recreational and cultural activities while increasing social skills, building self-esteem and becoming more independent through the use of fun group activities,

**Member: \$45 per 10 week session**

### FNF Bowling Program

**Tuesdays: 3:30-4:45pm**

The Friends and Fun Bowling Program is available to Center members with special needs. Several sections of bowling are held throughout the year with a banquet held annually in March. Participants may register for ANY or ALL sections at any point during the bowling season.

*\*Bowling is held at Dewey Garden Lanes, located on 4470 Dewey Avenue*

**Member: \$40 per session**

## Time Out for Women

### **Wednesdays: 9-11am**

The Time Out for Women Program is one that is designed for women to spend time in a social setting and learn about many unique topics through informational programs. Our upcoming panel will include the following topics:

#### **January 18: "Stuart Spices"**

Presented By: Vicki Finnefroch

#### **January 25: "Fibromyalgia"**

Presented By: Brittany Godin, DPT and Jordan Nolan, DPT of Genesee Valley Physical Therapy

#### **February 1: "Quick Fix Repairs for Your Home"**

Presented By: Jim Salmon of Professional Home Inspection Services

#### **February 8: "Foods You Love for those You Love"**

Presented By: Elizabeth Bauld, The Storybook Cook

#### **February 15: "Women of History: Eleanor Roosevelt, Abigail Adams and Eleanor of Aquitaine, Etc."**

Presented By: Joseph Meli

#### **March 1: "Travelogue: Nine Day Cruise on the Ship Anthem of the Seas"**

Presented By: Fred Amato

#### **March 8: Irish Songs & Sing—a—longs"**

Presented By: The Kitchen Session

#### **March 15: "Women Doll Makers"**

Presented By: Helene Marlowe

### **Member \$20 per 8 week session**

**Register Starting January 11**

## Nutrition Program

### **Luncheon Friends**

#### **Mondays-Fridays: 11:30am-12pm**

Meals are served Monday-Friday at the CSC with your health and nutritional needs serving as top priority.

Lunch is a suggested contribution of \$3 for any persons 60 and older or the spouse of someone 60+. For anyone under the age of 60, the meal cost is \$6 which will be collected at the front desk.

If you have not arrived by 11:45am for your lunch reservation, your meal may be given to any individual on our waiting list.

All meal reservations and cancellations must be made by 10am the day before the meal is served.

\*Participants can call the day of to see if there are spots left for lunch.

### **Meal Time Music**

Join us for these special musical events offered for your listening enjoyment during our nutrition program.

#### **Friday, January 27: 11:45am-12:45pm**

*String of Pearls*

#### **Wednesday, February 22: 11:45am-12:45pm**

*Montage Real T's*

### **CSC Breakfasts & Bingo**

#### **Friday, December 16—Bingo Day**

#### **Wednesday, February 22—Bingo Day**

Breakfast is offered for a suggested contribution of \$3 for persons 60 and older. Breakfast is served between 9:30-10:00am. Bingo is played from 10:15-11:15am.

\*Must Purchase Breakfast to Play Bingo. Reservations Required. Call 723-2425.



## 2016 Adult Parties & Dances

### Christmas Party Supported by Legacy



**Tuesday, December 13, 10:45am-2:30pm**  
Music by Musique  
**Tickets on Sale: Oct 24-Dec 6, 2016**  
**Member: \$7.00**

## 2017 Adult Parties & Dances

### Valentine's Day Party Supported by Crimson Ridge



**Tuesday, February 14, 10:30am-2:30pm**  
Music by Musique  
**Tickets on Sale: Dec 12-Feb 7, 2017**  
**Member: \$7.00**

### St. Patrick's Day Party Supported by Atria



**Thursday, March 16, 10:30am-2:30pm**  
Music by Fred Lampe Trio  
**Tickets on Sale: Dec 12-March 9, 2017**  
**Member: \$7.00**

### April Dance

**Monday, April 24, 12:30-2:30pm**  
Music by Dick Leschorn  
**Ticket on Sale: Dec 12-April 17, 2017**  
**Member: \$3.00**

### Festa DiMaggio Party

**Tuesday, May 16, 10:30am-2:30pm**  
Music by Johnny Matt Band  
**Tickets on Sale: Dec 12-May 9, 2017**  
**Member: \$7.00**

All Parties/Dances are located at the  
Community & Senior Center  
3 Vince Tofany Blvd, Greece, NY 14612.  
For more information about each party,  
call 723-2425.

## 2017 Adult Parties & Dances

### June Dance

**Monday, June 19, 12:30-2:30pm**  
Music by Ernie Capone  
**Tickets on Sale: April 24-May 29, 2017**  
**Member: \$3.00**

### Summer Picnic

**Thursday, July 20, 10:30am-2:30pm**  
Music by George Hogan  
**Tickets on Sale: April 24-July 13, 2017**  
**Member: \$7.00**

### End of Summer Picnic Presented by Legacy



**Friday, August 18, 10:30am-2:30pm**  
**Tickets on Sale: April 24-August 11, 2017**  
**Member: \$3.00**

### Oktoberfest Party

**Thursday, September 21, 10:30am-2:30pm**  
Music by Ernie Capone  
**Tickets on Sale: July 17-September 14, 2017**  
**Member: \$7.00**

### Halloween Party Supported by Atria



**Friday, October 27, 10:30am-2:30pm**  
Music by the Don Newcomb Band  
**Tickets on Sale: July 17-October 20, 2017**  
**Member: \$7.00**

### Thanksgiving Party

**Thursday, November 16, 10:30am-2:30pm**  
Music by George Hogan  
**Tickets on Sale: July 17-November 9, 2017**  
**Member: \$7.00**

### Christmas Party

**Friday, December 15, 10:30am-2:30pm**  
Music by Musique  
**Tickets on Sale: July 17-December 8, 2017**  
**Member: \$7.00**



# Senior Trips to

## Sylvia

**Wednesday, February 1 ~12pm**

Empty nesters Greg and Kate have relocated back to Manhattan after two decades of raising their family in the suburbs. As Kate observes: "The dog phase of my life is definitely over." When Greg finds Sylvia, a street-smart Labra-doodle, in Central Park and brings her home, she becomes a bone of contention between Greg and Kate, testing their marriage to howling hilarious and touching effect.

**Member: \$32.00**

## Guess Who's Coming to Dinner

**Wednesday, March 8 ~12pm**

Joanna surprises her liberal white parents when she brings home John, her African-American fiancé, to meet them. However, she shocks even John by inviting his disapproving parents to dinner. A clash of generations and races ensues when both sets of parents must confront their own unexpected reactions and concerns for their children as their long-held beliefs are put to the test. This funny and poignant stage adaption offers a fresh interpretation of the beloved Academy Award-winning film.

**Member: \$32.00**

## Private Lives

**Wednesday, April 12 ~12pm**

Elyot and Amanda have been divorced from each other for five years, so imagine their surprise when, whilst honeymooning on the French Riviera with their new spouses, they find themselves in adjacent suites. Sparks fly, reigniting a passion between them too powerful to fight (although fighting is the thing that they do best) in Noel Coward's 1930 champagne cocktail of a comedy about the fine line between love and loathing.

**Member: \$32.00**



## Other Than Honorable

**Wednesday, May 17 ~12pm**

With her husband deployed to an unknown location, lawyer Grace Rattigan, a former Army officer who resigned her commission under sealed terms, must make life-altering decisions on her own. When she reluctantly takes on a military sexual assault case, it re-opens old wounds and forces her to confront her past, along with the real meaning of the military's codes of honor, courage and loyalty. A hot new drama by award-winning playwright and screenwriter Jamie Pachino, writer of NBC's "Chicago PD."

**Member: \$32.00**

## Million Dollar Quartet

**Wednesday, June 21 ~12pm**

On December 4, 1956, four young musicians got together at Sun Records in Memphis for what would become one of the greatest ever jam sessions. Put on your blue suede shoes and join Jerry Lee Lewis, Elvis Presley, Johnny Cash and Carl Perkins for the recording session of a lifetime. Loaded with classic rock 'n roll hits such as "Great Balls of Fire," "Sixteen Tons," "I Walk the Line," "Hound Dog" and many more.

**Member: \$32.00**



# GREECE PARKS

Town of Greece parks, playgrounds and trails offer you a safe and picturesque setting to exercise and relax. Parks are open for walking, biking, hiking, running, playing and more.

## Parks

Frisbee Hill  
Basil Marella  
George Badgerow North and South  
Sawyer  
Columbus  
Barnard  
Adeline  
Grandview  
Beverly Pappas  
Goodwin  
Braddock Bay  
Henpeck  
Slater Creek  
Payne Beach



## Shelters and Lodges

Planning a party, reunion or picnic? Reserve an open-air shelter or one of our enclosed lodges for a great outing anytime.

### Now Open

'Lodge 1' at Braddock Bay Park  
Now Taking Reservations

For more information on this new lodge  
and all other facilities visit our website:  
[www.greecenyny.gov/departments/cscparcs](http://www.greecenyny.gov/departments/cscparcs)





# About Us

## ***Mission***

The mission of the Greece Community and Senior Center is to provide a facility for the residents of Greece to engage in accessible, affordable and quality recreational, social and educational activities

Activities offered by the Town of Greece Community and Senior Center are funded by: Town of Greece, NYS Office for Children and Family Services, NYS Office for the Aging, Monroe County Department of Human and Health Services, Rochester-Monroe county Youth Bureau, Monroe County Office for the Aging.

## ***Who We Are***

We are a team of fun, experienced, energetic and dedicated professionals who believe in offering our residents the opportunity to improve their quality of life through parks and recreation.

## ***We Are Supported***

Through Greece residents, community center members, the Greece Town Supervisor and the Greece Town Board, we are supported in our efforts to offer safe, state-of-the art facilities and parks for all to enjoy.

## ***We Are a Team***

### Administrative

Peter O'Brien, CPRP, Director of Parks and Recreation

Lisa Letta, Administrative and Member Service

Kathy Walker, Member Service

Christine Saddler, Communications and Member Service

Terri Dickerson, Member Service

### Recreation

Mike Barnes                      Danielle Gross                      Megan Termine

Katie Decker                      Robyn Rodriguez

Gina Edwards, Senior Services

Laurie Gately                      Addison Steven

## ***We Care***

Through our Community and Senior Center operations, we offer a variety of services to our resident seniors. From transportation, caseworker services and opportunities to volunteer, our focus is on maintaining and improving the quality of life for our elder residents. To find out more, inquire at the Community and Senior Center.





The Community and Senior Center is currently looking for individuals that have an interest in volunteering. The Center has many opportunities for those who need hours for school or just may be looking to give back to the community. We offer many programs and are flexible with days and times. If you have an interest in being more involved, please see one of our recreation staff members or by calling 723-2425.

"Those who can, do.  
Those who can do more, volunteer."

## Greece Community and Senior Center

3 Vince Tofany Blvd, Greece, NY 14612

(585) 723-2425

Email: [greeceparksandrec@greeceny.gov](mailto:greeceparksandrec@greeceny.gov)

Website: [www.greeceny.gov](http://www.greeceny.gov)

### Hours:

Monday-Thursday 8am-8pm

Friday 8am-5pm

Saturday 8am-1pm

### To Register for Programs

Visit our location

or Register Online:

[www.greeceny.gov/departments/cscparks](http://www.greeceny.gov/departments/cscparks)  
and click 'Online Activity Registrations'